

# PLAN YOUR BEST GARDEN YET!

## WHAT IS YOUR GARDEN'S PURPOSE?

What you want to grow

+

How it will be used

+

Why you want to grow it

=

Your garden's purpose

Here's a couple examples:

*"I want to grow medicinal herbs that will be made into teas, salves, and tinctures to be sold at local farmer's markets."*

*"I want to grow enough vegetables and fruits to be eaten fresh, canned and dehydrated to cut our family's food bill in half."*

WRITE YOUR GARDEN'S PURPOSE HERE:

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## GROW WHAT YOU EAT!

What produce do you buy on a regular basis? List it below:

What condiments do you buy regularly? Are there any you can make instead of buying? List them below:

Make a list of your "must have" food items. These are items you want on hand at all times (for me, it's salsa!). Then, write down the ingredients in each of them (salsa example - tomato, onion, pepper, cilantro). Do this with all your favorite foods to generate a list of plants to grow!

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## EAT WHAT YOU GROW!

What has lead to produce waste in the past?

How can I avoid waste this year?

What are some realistic ways that I can save time in order to make the most out of my garden produce?

*Examples: Once a week, have an hour long harvest and prep session to prepare for the busy week. Or, create a garden time-share program with a family member or friend so that you can split the care requirements and the produce.*



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## OUTSOURCE, BARTER & BUDDY UP!

What resources and skills are you lacking? Space, time, equipment, ability, etc.?

Make a list of items that you don't have the resources to produce yourself. Next to each item, brainstorm ideas of how you can get the item without producing it yourself. It could be a friend, farmer's market, wild foraging or even Craigslist!